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Kovos menu akademija  
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Šakių sporto klubo „Audra“  
President Gintarė Bubnytė- Smirnovienė

## **Lithuanian Open Judo beginners championship “FIRST FIGHT”**

### **REGULATION**

#### **I. OBJECTIVE AND TASKS**

To promote judo, to improve skills of sportsmen and to maintain friendly relationships with other sports clubs.

#### **II. PLACE AND TIME**

**The competition will take place on 4 April 2020 at Vytenio St. 46b, Vilnius**

**Weight in:** 9 a.m. to 11 a.m. (please have your Budo passport or personal document with you).

**Beginning of competition:** 11 a.m.

#### **III. PARTICIPANTS AND WEIGHT CATEGORIES**

**Competition personal**

<b>No.</b>	<b>Participants</b>	<b>Weight in</b>	<b>Beginning of competition</b>	<b>Weight categories</b>
1.	<b>U-10, boys 2011 y. and younger (6 kyu)</b>	9:00-10:00	11:00	<b>-22,-24,-27,-30,-34,-38,-42,-46,-50,+50 kg.</b>
2.	<b>U-12, boys 2009 y. and younger (5, 6 kyu)</b>	9:00-10:00	11:00	<b>-27;-30,-34,-38,-42,-46,-50,-55,-60,+60 kg.</b>
4.	<b>U-15, boys 2006 y. and younger (4,5,6 kyu)</b>	9:00-10:00	11:00	<b>-34,-38,-42,-46,-50,-55,-60,-66,-73,+73 kg.</b>
5.	<b>Adult 2005 and older (4,5,6 kyu)</b>	9:00-10:00	11:00	<b>-46,-50,-55,-60,-66,-73,-81,-90,+90kg.</b>
6.	<b>U-12, girls, 2009 y. and younger (6 kyu)</b>	9:00-10:00	11:00	<b>-25,-28,-32,-36,-40,-44,-48,-52,+52 kg.</b>
7.	<b>U-19, girls, 2002 y. and younger (4,5,6 kyu)</b>	9:00-10:00	11:00	<b>-32,-36,-40,-44,-48,-52,-57,-63,-70,+70 kg.</b>

Note: If one participant registers in the weight category, he will be moved to the higher category  
Participants are allowed an excess weight of 0.5 kg.

#### **IV. RULES OF COMPETITION**

1. The Championship is held in accordance with the rules of the International Judo Federation.

<b>No.</b>	<b>Age group</b>	<b>Fighting time</b>	<b>Limitations</b>
1.	U-10 boys	2 min.	Breaking and strangulation are prohibited
2.	U-12 boys	2 min.	Breaking and strangulation are prohibited
3.	U-15 boys	3 min.	<b>Prohibited acts of breaking</b>
4.	Adult	4 min.	<b>Possible actions of breaking and strangulation</b>

6.	U-12 girls	2 min.	Breaking and strangulation are prohibited
7.	U-19 girls	4 min.	<b>Possible actions of breaking and strangulation</b>

**The athlete who is invited first can only go out to fight the white kimono. The second can come out with both a white kimono and a blue kimono.**

#### **V. AWARDING**

Winners will be awarded with, medals, prize-winners will be awarded with a relevant degree medals.

#### **VI. ORGANISERS OF COMPETITION**

Kovo menų akademija, Centre, Šakiai Sports Club Audra, Lithuanian Judo Federation.

#### **VII. VI. CONDITIONS OF ADMISSION**

1. The seconding organisation covers the travel costs for sportsmen, trainers and referees.
2. The seconding organisation and the trainer shall be responsible for the health and safety of participants of the competition.
3. It is recommended for the participants of the competition to have an insurance.
4. **Start fee – 10 eur. registering via LDF before April 2nd. 24:00**  
*You must have a printed registration sheet with you at the time of registration (competition).*
5. **Start fee – 20 eur. Registration on race day or without a record sheet**

#### **VIII. APPLICATIONS**

1. The number of participants is not limited. Applications of teams must be approved by a permission of a doctor (visa). **Registration to the competition: <http://sportists.info/judo/login.php>.** Registration is underway 2020 m. balandžio 2 d. 24:00 val.

#### **IX. INFORMATION**

The judging of the competition is conducted by the Lithuanian Judo Judges Association. Phone number. +37063689818

The competition will take place on three tatami 5x5 m.

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